Provide an overview of the organization/research project and a summary of your responsibilities, tasks, and/or projects.

The Emotion and Cognitive Control Lab investigates the behavioral and neural mechanisms underlying emotion-cognition interactions. Our current projects focus on the manner in which emotion can enhance or impair cognition (and vice versa) in normal functioning individuals, clinical populations, and older adults. Personally, I reviewed the literature and data pertaining to subjects with borderline personality disorder and impairments in attention, cognitive control, and emotion regulation as measured by the Stroop task, the emotional Stroop task, and the Go/No-Go task.

During your internship, what did you accomplish or how did you make a difference? In what ways did you grow in your professional and technical skills?

Personally, I reviewed the literature and data pertaining to subjects with borderline personality disorder and impairments in attention, cognitive control, and emotion regulation as measured by the Stroop task, the emotional Stroop task, and the Go/No-Go task. My scientific writing on borderline personality disorder contributed to the understanding of the disorder. Currently the BPD literature is scarce and inconsistent in its findings.

Describe a problem that you helped to solve at your internship. What skills or knowledge from your education at Sewanee helped you address the problem?

I helped organize the lab so that the filing and location of documents was easier to understand. I updated the ECCL website and made it appear more professional.

In what way were your teamwork skills strengthened?
My colleague Margaret and I were challenged to analyze data that we had never examined before. Both of us provided our knowledge to help each other get through the analysis. Additionally, we supported each other throughout the semester.

**How did your internship affect your career plans?**

My internship has provided me with additional research experience. Specifically, this research was more neuroscience-focused and gave me a background in ERPs that I did not have before.

**In what ways did your internship cause you to encounter people of different backgrounds from your own? What steps did you take to communicate effectively with such persons? What did you learn from such persons' perspectives?**

Unfortunately, I did not have many encounters with people from very different backgrounds from my own because much of my work was conducted in the lab at Sewanee and the only people I interacted with were Margaret (my co-worker) and Dr. Tiernan.

**Words of thanks to your internship funding donors:**

This experience has deepened my understanding of neuroscience and broadened my understanding of what it takes to run a lab. Thank you for funding this experience it was eye-opening and has helped me decide what I want to do after I graduate.