

Fall 2006

Tiger Track & Field News

Newsletter for the University of the South Track and Field and Cross-Country Teams

2006 XC Honors/Awards

All-Region:
Seth Olson

Runner of the Year:

Men – Seth Olson
Women –
Mitzi Harrington

Newcomer of the Year:

Men – Derek Taylor
Women –
Mitzi Harrington

Admissions Deadlines:

Regular Decision –
Feb. 1

Sewanee Track and Field/Cross Country

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Sewanee: The University of the South - Track and Field/Cross Country/ 931-598-1285

Men's XC Captain Earns All-Region Honors

The Sewanee Tigers finished the 2006 cross-country season with good performances at the conference and region meets. At the SCAC Championships in Danville, KY, Seth Olson lead the men's team by placing 28th out of 83 runners. This was a great improvement for the team captain over his 53rd place finish in 2005. Mitzi Harrington was the top finisher on the

women's team with a 29th place finish.

Two weeks later at the NCAA South/Southeast Regional Championships in Georgia, Seth Olson placed 23rd and was named to the All-Region squad. This makes the 11th straight year that a Sewanee runner has been named All-Region.

The men's team finished tenth at regionals while the women were 14th.

Recent All-Region Cross Country Runners

Men

2004 – Lucas Ridley, Tony Castelli
2005 – Tony Castelli, Lucas Ridley, John Roberts
2006 – Seth Olson

Women

2004 – Jessi Ouzts, Hallie Blunck, Liz Lee
2005 – Jessi Ouzts, Hallie Blunck

Johnson All-Academic

After her 9th place javelin finish at the 2006 NCAA Division III Track and Field Championships and a very good year in the classroom as well, sophomore Jane Johnson was named to the Academic All-America Team by the National Collegiate Division III Coaches Association.

In order to be considered for this distinction, a student must qualify to compete in the NCAA national track and field championships and maintain a cumulative grade point average above 3.25.

Jane continues a strong tradition of academic and athletic excellence for the track and field and cross country teams.

2007 Track Meet Schedule

Indoor Season

January 28	TN State Univ. Invitational
February 3	Sewanee • Tiger Indoor Invit
February 17	Rose-Hulman Indoor
February 24	Sewanee Indoor Invitational
March 9 - 10	NCAA Div. III Indoor Champs

Outdoor Season

March 22 - 25	Alabama Relays
March 31	Emory University Classic
April 8	Duke Invit and Jacksonville St.
April 14	Sewanee • Mtn. Laurel Invitational
April 20 - 21	Vanderbilt Invitational
April 27 - 28	SCAC Championships • Texas
May 12	Georgia Tech Invitational
May 24 - 26	NCAA Div. III National Champs

Track & Field/Cross Country
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