

## SEWANEE: THE UNIVERSITY OF THE SOUTH

Sewanee's 10,000 forested acres on the Cumberland Plateau – called the Domain – are crisscrossed by trails, streams, caves and waterfalls providing a living laboratory to study such disciplines as biology, geology and archeology. Nestled among the old growth trees are gothic-inspired buildings hewn from native sandstone where award-winning professors help challenge and broaden the perspective of motivated, highly skilled students.

The 1,450 undergraduate men and women select from 36 majors, which combine the study of literature, science, philosophy, languages and history. Sewanee has a solid record of academic achievement which includes 25 Rhodes Scholars and 26 NCAA Postgraduate Scholarship recipients.

Sewanee competes at the NCAA Division III level and is a charter member of the Southern Collegiate Athletic Conference with 24 varsity sports.

### QUICK FACTS

**Name:** The University of the South  
**Nickname:** Tigers  
**Colors:** Purple & White  
**Affiliation:** NCAA Div. III  
**Conference:** SCAC  
**Web:** www.sewanee.edu  
**Athletic Office Phone:** 931.598.1284  
**Athletic Office FAX:** 931.598.1673  
**Vice Chancellor:** Dr. Joel Cunningham

**Director of Athletics:** Mark Webb  
**Sports Information:** Pratt Patterson  
**Office:** 931.598.1136  
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**Track & Field Coach:**  
Jeff Heitzenrater  
**Office:** 931.598.1285  
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**Web Address:** <http://athletics.sewanee.edu/>



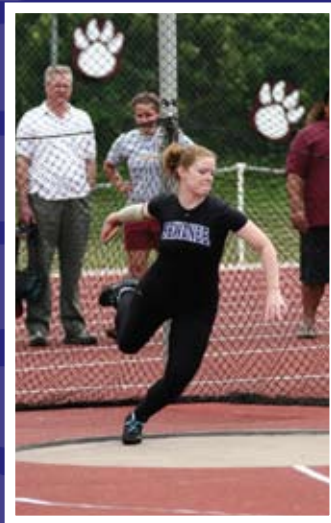
**SEWANEE** 735 University Avenue  
Sewanee TN 37383-1000  
THE UNIVERSITY OF THE SOUTH www.sewanee.edu

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# Track & Field

## 2008



### HEAD COACH

**J**EFF HEITZENRATER is the head coach for the University of the South men's and women's cross-country and men's and women's track and field teams. The 2008 track season is his eighth as head women's coach and his 10th as head men's coach. He is also the head men's and women's cross-country coach for Sewanee. Heitzenrater is in his 17th year with the University, and worked the first seven years in the Office of Admission. A 1990 graduate of Duke University, Heitzenrater was a 400- and 800-meter runner for the Blue Devils track team under coach Al Buehler. He holds a USA Track & Field Level 2 Certification in Endurance and Jumps and is a member of the U.S. Track & Field Coaches Association and USA Track & Field. In the summers, he works as the camp director for the Sewanee cross-country camp. He and his wife, Kim, C'89, live in Sewanee with their sons, Andrew, 10, and Larson, 6.



### ASSISTANT COACHES

**J**OE DOMBROWSKI enters his third season as Sewanee's assistant track and field coach. He is also the head volleyball coach. With 16 years of collegiate coaching experience (volleyball and cross country/track and field), Dombrowski comes to Sewanee after serving as assistant cross-country/track and field coach for the 2004-05 school year at Rensselaer Polytechnic Institute (RPI) in Troy, N.Y. He has 11 years of head coaching experience in cross country/track. Dombrowski has a political science degree from Goucher College (1993) and an associate of arts degree in political science from Essex Community College (Md.) (1989). Dombrowski earned varsity letters in cross country (team captain), swimming and track and field at Goucher and in cross country and track and field at Essex. Coach Dombrowski's wife, Michele, is the women's lacrosse coach at Sewanee. The couple has one daughter, Anja, born in August 2006.

**L**ACEY LARGETEAU enters her second season at Sewanee in 2007-08 as assistant track and field coach and soccer coach. Largeteau comes to Sewanee as a 2005 graduate of Ithaca College (Ithaca, N.Y.) with a degree in Health and Physical Education. As a starting forward she helped the soc-

cer Bombers win three consecutive Empire 8 championships (2002-2004) as well as three consecutive appearances in the NCAA tournament. In the summer of 2006 Largeteau earned a Master of Science degree in Exercise Science from the University of North Carolina at Greensboro where she was a graduate assistant in the physical education department. A 2001 graduate of Schoharie Central School (Schoharie, N.Y.), she was named soccer league MVP, held all section and all region honors and was NYS Class C player of the year in her senior season.

**A**DAM CAINE enters his first year as assistant track and field coach and defensive coordinator for the Sewanee football team in 2007-08. Caine comes to the Mountain from Birmingham, Ala., where he has served the last three seasons on the football staff at Samford University. While at Samford, Caine was the cornerbacks coach and special teams coordinator. Prior to his stint at Samford, Caine spent one season at Austin Peay University and two seasons at Washington and Lee University in Virginia. Caine holds bachelor's degrees from Birmingham-Southern College and The University of Alabama at Birmingham. He also earned a master's degree in health and human performance from Austin Peay. He is a 1989 graduate of The McCallie School in Chattanooga. He and his wife Katie live in Sewanee and have two children, Riley (daughter) and Walter (son).

**S**ETH OLSON enters his second season as an assistant coach for the Tigers in 2008. Olson graduated in 2007 and was a letterman and team captain for the Tiger cross-country team and track and field team. He was named All-Academic, was on the SCAC Honor Roll, and was All-Region in cross-country in 2006. Olson is also the University lay chaplain at Sewanee.



Fowler Center indoor track.



Sewanee's William Coughlan Track.

## 2008 SCHEDULE

### February

- 2 Tenn. State Univ. Invitational  
Nashville, Tenn.
- 9 Tiger Indoor Invitational  
Sewanee, Tenn.
- 16 DePauw Indoor Classic  
Greencastle, Ind.

### March

- 1 Sewanee Indoor Invitational  
Sewanee, Tenn.
- 22 Emory University Classic  
Atlanta, Ga.
- 29 Rhodes Invitational  
Memphis, Tenn.

### April

- 5 Mountain Laurel Invitational  
Sewanee, Tenn.
- 12 Boston-Moon Invitational  
Nashville, Tenn.
- 18-19 Vanderbilt Invitational  
Nashville, Tenn.
- 25-26 SCAC Championships  
Greencastle, Ind.

### May

- 10 Georgia Tech Invitational  
Atlanta, Ga.
- 22-24 NCAA Div 3 Outdoor Championships  
Oshkosh, Wisc.

